

Sanborn Regional Middle School

Physical Education Grading Scale Rubric

Scale	0 points	1 point	2 points	3 points	4 points
Warm – ups	Warm-up not completed on time or lack of effort.	Warm-up started but not completed on time, correctly, or with effort.	Warm up completed in time but not correctly or with full effort.	Warm-up completed on time, correctly, and with adequate effort.	Warm-up completed on time, correctly, and with full effort.
Participation	Student chooses not to participate or was asked not to participate due to poor behavior.	Student participated for 50%-85% of the class period.	Student participated for 85%-90% of the class period.	Student participated for 90%-95 % of the class period.	Student participated for 100% of the class period.
Sportsmanship	Student was uncooperative and disrespectful towards their peers and teachers.	Students showed respect for peers, teachers, and equipment less than 75% of the time.	Student showed respect for peers, teachers, and equipment 85% of the time.	Student showed respect for peers, teachers, and equipment 95% of the time.	Student showed respect for peers, teachers, and equipment 100% of the time.
Attitude	Student did not put forth a positive attitude.	Student displayed a positive attitude.	Student displayed a positive attitude that impacted the quality of their experience.	Student displayed a positive attitude that impacted the quality of the class experience.	Student displayed a positive attitude and leadership skills that impacted the quality of the class experience.