

Sanborn Regional School District
Course Syllabus
2005-2006

Course Title: Health Class	Grade: 8 th
Instructors: Lorne Lucas	Course Length: 1 Quarter
<p>Course Description: The goal of health class is the capacity of students to obtain, interpret, and understand basic health information and services in ways that enhance one's health. We try to accomplish this by studying and applying the following Health Subjects: Wellness and Your Total Health, Your Growth and Development, Reaching Your Fitness Goals, Consumer Choices and Public Health, Tobacco and Your Health, Alcohol and Your Health, Drugs and Your Health, and Safety.</p>	
<p>Major Resources: Teen Health Course 3 – Textbook New Hampshire State Health Standards National Health Standards Various Newspaper, Magazine, and On Line Articles</p>	
<p>Essential Questions:</p> <ol style="list-style-type: none">1. Can Students comprehend concepts related to health promotion and disease prevention?2. Can students demonstrate the ability to access valid health information and health-promoting products and services?3. Can students demonstrate the ability to practice health enhancing behaviors and reduce health risks?4. Do students analyze the influence of culture, media, technology, and other factors on health?5. Do students demonstrate the ability to use interpersonal communication skills to enhance health?6. Do students demonstrate the ability to use goal-setting and decision-making skills to enhance health?	
<p>Methods to support "literacy"</p> <p>The Collins Writing Program provides the writing structure and form used across disciplines for writing. Students work on Health related Vocabulary as a class and as individuals. Students bring in current events articles they have read.</p>	
<p>GRADEQUICK: Parents and students may access grades and course information on EDLINE: https://www.edline.net/index.page</p> <p>All student grades are updated every two weeks.</p>	

